



TELLING STORIES

Why narrative matters in public
engagement with science

Wellcome Trust International
Engagement Workshop, 2009
Bengaluru, India

7–10 December 2009

www.wellcome.ac.uk/internationalengagement



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Telling Stories

Why narrative matters in public engagement with science

National Centre for Biological Sciences
GKVK, Bellary Road,
Bengaluru, India

7–10 December 2009

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A Welcome from Wellcome

On behalf of the Wellcome Trust, we would like to welcome you to our second international public engagement workshop. We hope that you will find your time here productive and inspiring. We have brought together an exciting group of experts from a diverse range of disciplines because of our commitment to medicine and biological research as part of wider culture.

We see the value of these annual workshops as creating a sense of community and providing an opportunity to share personal stories. The first was held at the Africa Centre in South Africa in December 2008. More than 60 delegates from 15 countries came together to share knowledge and experiences under the theme of Science and Community 'Engage to Empower'. Meeting face to face helps us to explore our commonalities as well as the unique features of all our work. Our hope is that through the creativity, friendships and opportunism of the workshop delegates we can build on existing initiatives, build partnerships and catalyse new and exciting work.

To introduce ourselves properly, the Wellcome Trust is a completely independent funding organisation and is the second largest charity in the world. We work both in the UK and internationally and spend over £600 million every year promoting research to improve the health of humans and animals. The Wellcome Trust has a long tradition of supporting public engagement with science in the UK and a long-term interest in the social, cultural and historical context of medical research. Active involvement in public engagement in low and middle income countries is a relatively new endeavour for the Trust. We are keen to learn from those already practising at the interface between research and society in various contexts.

In terms of funding we are now in the second year of our International Engagement Awards. These awards aim to stimulate dialogue about health research and its impact on the public, and we are delighted by the range of projects we have been able to support. We have awarded 31 International Engagement awards to date. These embrace a variety of health research areas, span a geographic range from Brazil to Bangladesh, engage and enthuse audiences ranging from rural school children to members of parliament and explore methods including song, dance, sport, film and media. The fifth round of International Engagement Awards will be in April 2010. Please visit our website www.wellcome.ac.uk/internationalengagement or email for further details: internationalengagement@wellcome.ac.uk.

You will find links to our support for biomedical ethics in developing countries, and our range of grant opportunities for research that focuses on infectious diseases and public health aspects of communicable and non-communicable diseases. We also support population-based research that can inform decisions in public health and healthcare delivery.

The Wellcome Trust has a well-established involvement with India: it is over 50 years since the Trust first funded research in the country. In recent years, our involvement has increased substantially. This September saw the launch of the WT-DBT Alliance Biomedical Research Career Programme in New Delhi with the aim of strengthening the research base of Indian biomedical sciences through a series of fellowship programmes. The new fellowships aim to build excellent career pathways in India for scientists working in basic biomedical, clinical and veterinary research. This year also saw the launch of the MSD-Wellcome Trust Hilleman Laboratories, a unique research and development joint venture with a not-for-profit mission to develop affordable vaccines for diseases that commonly affect low-income countries. Within the sphere of public engagement, we are proud to be supporting the highly popular schools debating competition, 'Debating Matters India'. This initiative challenges

young people to engage in in-depth discussion of the issues that really matter in society today. So it felt fitting for this year's International Engagement workshop to complement this suite of exciting activity in India.

We are grateful to Tinderbox Consultants and the National Centre for Biological Sciences for their help in delivering this workshop in Bengaluru, India. We would also like to thank The Communication Initiative Network for their work on the online component of this event which we hope will extend this community of practice beyond the physical and temporal limits of the workshop.

We look forward to meeting you all in the course of the workshop and to establishing productive partnerships and collaborations.

Dr Daniel Glaser, Head of Special Projects, Public Engagement
Siân Aggett, Public Engagement Adviser – International and Special Projects

Introduction to Conference Theme

Welcome to the second Wellcome Trust International Public Engagement Workshop. The theme of this year's workshop is 'Telling Stories: Why narrative matters in public engagement with science'. We will be asking: when and how can we use storytelling properly in public engagement – and what are the potential dangers of misusing it?

Why have we chosen the theme of storytelling? And how might this be useful at the interface between research and the public?

One theory of the origin of storytelling is that people first started to tell stories when they were far away from home, to evoke images in other people's minds. A story has the power to make something invisible become visible; whether we're explaining biological processes which are too small to be seen with the naked eye or narrating our personal experiences, by telling a story we can make those events vividly real.

Many storytellers will tell you that the story does not belong to them, nor to the audience, but takes shape in the air between them. In telling stories, the consciousness of the teller joins with the consciousness of the audience to create a shared world.

Every culture has its own stories and its own ancient rituals of telling. Think back to your own childhood; do you remember the stories that struck something deep within you? Stories provoke feelings in a way that simple facts don't. We react not just intellectually but emotionally too. This is why storytelling is such a powerful tool for engaging people with science and health issues, but it's also why it can be abused.

The stories that have the most currency in the media aren't necessarily the truest ones, but the simplest ones. Stories that tap into people's fears provoke a deep emotional reaction that can't be displaced by a rational statement of the facts.

Because stories have this power, those who are dedicated to sharing their understanding of the world must also learn how to tell stories persuasively and creatively, so that others can make informed judgements about science. And we can also tell stories that excite and inspire others to go out and explore it for themselves.

At this conference, we'll hear from keynote speakers who understand the power of telling stories to influence politicians and policymakers, and to inspire young minds. We'll discuss the best ways to tell stories to a variety of different publics (communities, grant-awarding bodies, the media) and to listen to their stories to, to create a collective interpretation. We'll experience traditional storytelling from many different cultures. We'll learn practical skills to help tell stories successfully. And we'll tell our own stories to each other.

We would like this conference to provide a real opportunity for learning, building local and global networks, making new friends and forming potential future partnerships, in an open and honest atmosphere. With such a broad range of disciplines and backgrounds represented here, we believe this workshop has the potential to generate fresh ideas and forms of communication between diverse groups, and create a lasting legacy in public understanding of science in the future. Whatever your personal or professional motivations are for attending, we hope that at this conference each of you will share your own experiences and come away inspired with new ideas about how to engage the public.

We hope that your story of this conference will end Happily Ever After!

Rebecca Gould, Conference Producer
Jessica Mordsley, Assistant Producer

Conference Structure

The two full days of the conference will begin with a keynote speech which all delegates will attend, followed by a practical session in which we will have the opportunity to put the ideas from the keynote speech into practice in an interactive way.

After this, the sessions are split into parallel strands, with three sessions running simultaneously. The three main strands of the workshop are called *Translations: Engaging with Different 'Publics'*, *Creative Approaches: Participating in Engagement*, and *Gender in Public Engagement*. In addition to this, there is a specialist half-day dedicated to *Engaging with Young People*, plus workshops run by Wellcome Trust staff on *Evaluation* and *Grant Writing*.

You will find full details of all sessions in the Conference Agenda in this programme. We hope that you will find many sessions that interest you, and that you will be able to share and enhance your own specialist areas of expertise, as well as exploring brand new approaches.

Strands

1. **Translations: Engaging with Different 'Publics'**

This strand will explore the challenges of trying to translate between different groups of people.

How can we achieve understanding between those who speak in different registers, disciplines, and languages? How can scientific research be translated in a way that makes it accessible to the public, to end users, to the media, to health practitioners? How can marginalised voices speak in a way that enables them to be heard by those in power, such as policymakers and researchers? Can successful communication be achieved between those with different agendas, and if so, how?

In these sessions, delegates will hear from expert speakers before the floor is opened for discussion and questions in which all can participate.

2. **Creative Approaches: Participating in Engagement**

The 'Creative Approaches' strand will explore practical ways in which we can tell stories using the creative arts to engage the public with science. The sessions in this strand will explore the use of music, drama, visual arts, storytelling, and radio in public engagement.

The sessions in this strand will be interactive. Delegates will see examples of projects which have used this approach successfully, followed by a hands-on workshop in which participants will get the chance to put these skills into practice.

This strand will challenge the traditional oppositions between speakers and listeners, researchers and participants, professionals and publics. Participants will learn creative techniques for engaging with people, and for listening to what others are saying to them.

Please note that numbers for some of these workshops will be limited.

3. **Gender and Public Engagement**

This strand will ask how and why gender and sexuality matter in public engagement with health.

How do gender differences affect access to health care, information, and legal assistance? How can public engagement workers create safe spaces which allow women to tell their own

stories? In what ways do the stories we tell about women's health affect their chances of living and dying; for example, what difference could it make if we explained maternal death rates as a result of mental rather than physical health problems? What are the special issues affecting transgendered people and homosexuals, and how can their stories be heard?

In these sessions, delegates will hear from expert speakers before the floor is opened for discussion and questions in which all can participate.

4. Engaging with Young People

In this specialist half-day, delegates will have the opportunity to see examples of some excellent Young People's projects in action, followed by small-group surgeries in which those who are thinking of beginning their own Young People's Projects can receive guidance and advice from others who have already led successful projects of this type.

5. WT Staff Workshops

Wellcome Trust staff from the Evaluation and Public Engagement Grants teams will be on hand to advise current and potential grantholders on the processes involved in successfully applying for and evaluating public engagement projects.

6. Buddy Sessions

In your conference pack you will find an outline story which we would like you to fill in yourself as the conference progresses. We'd also like you, working with your conference 'buddies', to think about what it is you want to learn at the workshop, and to discuss this openly with each other in the buddy sessions. We hope that you will find this an interesting way to plan and to reflect upon your experiences here.

7. Market Place

The 'Market Place' will be a permanent display throughout days two and three of the conference. This will provide a space for all delegates to display material and provide information about their own projects. If you wish to reserve a space for display material, please inform Zena O'Connor <z.oconnor@wellcome.ac.uk>.

Agenda

Please note that this agenda is provisional. Session times, speakers, and locations are subject to change.

MONDAY 7 DECEMBER 2009

Lalit Ashok Hotel

CONFERENCE OPENS

Delegates arrive at hotel. Conference registration. Welcomed by WT staff.

4.00pm	<i>Buddy Session 1, Hotel</i> Delegates meet their two conference 'buddies' to plan their journey through the workshop.
6.00pm	<i>Conference Introduction, Function Room, Hotel</i> Welcome Speeches Clare Matterson/Daniel Glaser/Jacob Leveridge Introduction to conference theme Rebecca Gould Introductions to three strands by chairs <i>Translations: Subhadra Menon</i> (co-chair with Latha Sekhar) <i>Creative Approaches: Simon Parry</i> <i>Gender: David Osrin</i> Host Speech Mukund Thattai
7.00pm	<i>Buffet Dinner, Function Room, Hotel</i>

TUESDAY 8 DECEMBER 2009

NCBS

'MARKET PLACE': Delegates present their projects in an informal context. This will be a permanent display at NCBS which will run throughout Days Two and Three.

8.30am	Delegates depart hotel for NCBS
9.30am	<i>Keynote Speaker 1: Shubha Tole</i> <i>NCBS Lecture Hall LH1</i>
10.15am	<i>Practical Session: Ribbon Game</i> <i>NCBS Lecture Hall LH1</i>
11.00am	<i>Coffee</i>
11.30am	<i>Parallel Session 1. Delegates choose from 3 options.</i> 1a. <i>Translations: Hearing marginalised voices (advocacy)</i> Subhadra Menon/Milly Nattimba/Rose Oronje <i>NCBS Seminar Room</i> 1b. <i>Creative Approaches: Drama</i> Jeff Teare/Arundhati Raja/Paul Sirett <i>NCBS Teaching Lab</i> 1c. <i>Gender: Why gender matters in PE</i> Wasundhara Joshi/Vikram Patel <i>NCBS Lecture Hall LH1</i>
12.45pm	<i>Lunch</i>

1.45pm	<p><i>Parallel Session 2</i></p> <p>2a. <i>Translations</i>: Telling stories to policymakers Michael Devlin/Ruhi Saith NCBS Lecture Hall LH1</p> <p>2b. <i>Creative approaches</i>: Visual arts Rajeev Varma/Gurupada Chitrakar /Bernard Appiah NCBS Teaching Lab</p> <p>2c. <i>Gender</i>: Women's stories: Making a space for women to speak Amar Jesani/Lindy Wafula/Justa Wawira NCBS Seminar Room</p>
3.00pm	<p><i>Parallel Session 3</i></p> <p>3a. <i>WT Staff Workshop</i>: Evaluation (With coffee in session) Laura Harper. Compulsory for all grantholders NCBS Lecture Hall LH1</p> <p>Coffee for other delegates</p>
3.30pm	<p>3b. <i>Creative approaches</i>: Radio Enriqueta Valdez/Amel Belay Yimer/Ashish Sen NCBS Teaching Lab</p> <p>3c. TBC NCBS Seminar Room</p>
5.00pm	Delegates depart NCBS for hotel
7.00pm	<p><i>Pre-dinner talk, Hotel</i></p> <p>Dr Megha, DBT India Alliance</p>
7.30pm	<i>Dinner, Terrace, Hotel</i>
9.00pm	<p><i>Storytelling, Outside Space, Hotel</i></p> <p>Simon Heywood/Kole Odutola</p>

WEDNESDAY 9 DECEMBER 2009

NCBS

8.30am	Delegates depart hotel for NCBS
9.30am	<p><i>Keynote Speaker 2: Elizabeth Pisani</i></p> <p>NCBS Lecture Hall LH1</p>
10.15am	<p><i>Practical Session</i></p> <p>NCBS Lecture Hall LH1</p>
11.00am	Coffee
11.30am	<p><i>Parallel Session 4</i></p> <p>4a. <i>Translations</i>: Telling stories to the media Arup Jyoti Das/Rajesh Parishwad/Daniel Glaser NCBS Lecture Hall LH1</p> <p>4b. <i>Creative approaches</i>: Politics of participatory arts in PE Simon Parry/Bella Starling/Siân Aggett NCBS Teaching Lab</p> <p>4c. <i>Gender</i>: Alternative stories: Women's mental health Vikram Patel/Douglas Wassenaar NCBS Seminar Room</p>
12.45pm	<i>Lunch / Buddy Session 2 / Structured Networking</i>

2.30pm	<p><i>Parallel Session 5</i></p> <p>5a. <i>Translations</i>: Public outreach/Science Cafés Duncan Dallas/Ana Vasquez Herrera/Juliette Mutheu NCBS Seminar Room</p> <p>5b. <i>Creative approaches</i>: Storytelling Simon Heywood/Kole Odutola/Claire Heffernan NCBS Teaching Lab</p> <p>5c. <i>WT Staff Workshop</i>: Grant writing Siân Aggett/Ariel Retik NCBS Lecture Hall LH1</p> <p>5d. <i>Young People</i>: Introduction/ice breaker session Paula Hamilton/Simon Turley NCBS Outside Space</p>
4.00pm	<p><i>Parallel Session 6</i></p> <p>6a. <i>Translations</i>: Listening to each other's stories: communication between health researchers and the public Wendy Graham/Mayada Elsabbagh/Fiona MacLaughlin NCBS Seminar Room</p> <p>6b. <i>Creative approaches</i>: Music Jonathan Stadler/Ansuman Biswas/Luisa Massarani NCBS Teaching Lab</p> <p>6c. <i>Gender</i>: Transgender issues in PE Dayaprasad Kulkarni/Elizabeth Pisani/Jessica Mordsley (chair) NCBS Lecture Hall LH1</p> <p>6d. <i>Young People</i>: Preparation/rehearsals Facilitator tbc</p>
5.15pm	<p>a. Drinks, NCBS lawn</p> <p>b. Talk for NCBS postgrads Siân Aggett/Ariel Retik with grantholders Sisira Siribaddana/Anaclaudia Fassa NCBS Lecture Hall LH1</p>
7.00pm	<i>Dinner with NCBS Faculty Staff and Young People</i> . With Karnatakan folk dancing
9.30pm	Delegates depart NCBS for hotel

THURSDAY 10 DECEMBER 2009

NCBS

SPECIALIST TOPIC DAY: YOUNG PEOPLE'S ENGAGEMENT

8.30am	Delegates depart hotel for NCBS
9.30am	<p><i>Session 1. Young People</i>: Showcase/Presentation of excellent projects. Followed by Q&A/discussion with panel: Paula Hamilton/Clare Heffernan/Mirra Savara/Oby Obyerodhyambo/Rebecca Gould (chair) NCBS Lecture Hall LH1</p>
10.45am	Coffee
11.15am	<p><i>Session 2. Young People</i>: Planning and pitching ideas for new projects. Small group surgeries with: Anaclaudia Fassa/Arundhati Raja/Oby Obyerodhyambo./Clare Heffernan NCBS Lecture Hall LH1</p> <p>Free time for other delegates</p>

12.00noon	<i>Plenary</i> Presentation of delegates' stories and showcase of work produced at workshop. Followed by Discussion <i>NCBS Lecture Hall LH1</i>
1.00pm	Closing speech Daniel Glaser <i>NCBS Lecture Hall LH1</i>

CONFERENCE CLOSES

Delegates

SHAZIA ABBAS



Completed MBBS from Dow Medical College Karachi in 2004, Master in Science in Epidemiology & Biostatistics from Aga Khan University in 2007. Master's thesis was 'Comparison of screening tools for Coronary artery disease with thallium scintigraphy in adult population in Karachi, Pakistan'. Currently working on health projects implemented in NWFP Pakistan. Areas of interest include maternal and child health, non-communicable disease prevention, Sustainability of health initiatives.
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SIÂN AGGETT



After completing her degree in biology with media, Siân began her career within informal education and public engagement in science at London's Science and Natural History Museums. She also worked with Science Year, a UK government scheme to promote science education to minority groups, and with the UK charity Scienceline. She has an MSc in Sustainable Development and is particularly interested in the use of participatory video as a tool for empowerment. She worked on the Livelihoods Connect information service at the Institute of Development Studies, before joining the Wellcome Trust in 2008. As Public Engagement Adviser for Wellcome's International Engagement Scheme, Siân manages the grant scheme and is the point of contact for all funded international public engagement projects. She also has experience as a children's athletics coach and enjoys running and kayaking in her spare time.
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BERNARD APPIAH



Bernard is a Ghanaian pharmacist with a passion for science and scientific communication. He has written a consumer-friendly book, *Medicines: Using them safely*, in which medicines tell their own stories about their usefulness and dangers, and scripts for a docudrama television series on medicines. For two years, Bernard also presented a live TV programme educating the public about medicines. A recipient of Ghana's Young Pharmacist Award in 2005 and a Council of Science Editors International Scholarship in 2007, Bernard is the director of the Centre for Science and Health Communication, an NGO that promotes public engagement with science. He is also pursuing two master's degrees: science and technology journalism at Texas A&M University and development communication at the University of the Philippines Open University. He interns with AuthorAID, a project that helps developing country researchers to publish their work.

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KALIMUTHU ARUMUGAM

Kalimuthu is the Senior Program Support Manager for Plan India, an international humanitarian, child-centred development organisation without religious, political or governmental affiliation.

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**TERESITA
SUPERIORIDAD
BALUYOS**

I work as Public Information Officer of the Department of Science and Technology in Cagayan de Oro City, Philippines. Part of my job is to prepare and disseminate media releases in the form of news, feature, video and radio clips. I have three regular radio programs, all in magazine format and developmental in nature, which cater to housewives, farmers, students and businessmen. I also appear regularly as a guest in other radio programs and TV shows. I arrange press conferences and media briefings. I write two newspaper columns, Science and Technology Corner, and Sunny Side Up, and contribute news and feature articles to national daily newspapers. I am a member of media-related associations such as the Philippine Science Journalists, the Association of Philippine Broadcasters, Regional Science Information Task Force, the Association of Private and Government Health Advocates, etc. I am also on the Board of Directors of one NGO, the Network of Educators for Social Transformation.
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ANSUMAN BISWAS

Ansuman is Associate Director of Battersea Arts Centre, and on the Board of Directors of Arts Catalyst, the science-art agency. A Calcutta-born arts practitioner, whose work encompasses music, film, live art, installation, writing and theatre, Ansuman specialises in developing new interdisciplinary models of working between science, art and industry. He is a member of the Kira Institute, a cross-disciplinary colloquium on philosophy of science. Ansuman has worked as a composer and musician in many genres from jazz to Indian classical music, pop songs to industrial noise. He has been commissioned by the Sonic Arts Network, the National Theatre, the Royal Ballet, the English National Opera, Guangdong Modern Dance Company in China, and many more. He has worked with the BBC, Channel 4, MTV, the Royal Opera House, the National Theatre and with Bjork, Courtney Pine, The Specials, Talvin Singh, Nitin Sawhney, Oasis, Cornershop, and The Bournemouth Symphony Orchestra.
ansuman@blueyonder.co.uk

**MONICA
BONACCORSO**

I am a Lecturer/Senior Research Fellow in the Department of Anthropology, Goldsmiths College, University of London. I obtained my PhD in social anthropology at King's College/Department of Social Anthropology, Cambridge University. I also have a laurea in philosophy with an emphasis in psychology and bioethics from the University of Milan (Italy). I am interested in the national and transnational production, representation and communication of new scientific/medical knowledge and the role played in encouraging narratives in other arenas of cultural and social life: kinship, gender, ethics and 'rights'. I am currently working on a Wellcome Trust-funded project 'With the Public in Mind' in Kenya which focuses on health/science media-led initiatives, NGOs and transnational scientific research organisations generating and promoting biomedical knowledge on HIV/AIDS and malaria. In collaboration with European partners I have also been awarded a new FP7 EC grant, 'HealthGovMatters', which explores the social and ethical implications of 'converging technologies' in genetics and neuroscience.
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**MBONGISENI
BUTHELEZI**



Mbongiseni was born at KwaMthethwa, KwaZulu-Natal in 1971 and attended Umbiya High School. He obtained his BPaed (Science) degree in 1992 from the University of Zululand, majoring in psychology, zoology and pedagogics. He completed his honours degree in education while teaching at Ongoye High School from 1993 to 1994. From 1995 to 2005, he worked in the NGO sector where he was actively involved in community development as the Education, Training & Development Co-ordinator (ZCBF), Regional General Manager (IDT) and Regional Manager (Mvula Trust). In 2005, he was appointed Head Of External Relations at the Africa Centre For Health and Populations Studies. Mbongiseni is responsible for overseeing the Centre's public engagement activities and nurturing enduring relations with its key stakeholders. He has served on a number of community-based organisations within his own community and is currently a member of the Northern KwaZulu-Natal branch of the Black Management Forum (BMF). Mbongiseni holds a Master Of Business Administration (MBA) obtained from the University Of KwaZulu-Natal in 2008. His area of specialty is strategic management.

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MARY CHAMBERS



I grew up in Java, Indonesia, and spent my childhood catching bugs. I then made my love of insects and Asia into my career and did a PhD in entomology. I spent ten years chasing mosquitoes in people's houses in Papua New Guinea and Vietnam before moving into an administrative role. I have been Head of Operations at the Oxford University Clinical Research Unit Vietnam since 2005. The part of my job that I love most is the training aspect and this year I have set up the Training and Public Engagement in Science Department at OUCRU Vietnam. I am heading up a SEA regional training programme.

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RUCHIKA CHANANA



Ruchika Chanana is a theatre practitioner and writer, working in the development, creation and production of contemporary scripts and performance. She is a part of the theatre company Jagriti, as well as an independent artiste.

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MENARD CHIHANA



I am 27 years old and single. I hold a Bachelor of Social Science degree in Economics and Statistics. I currently work as a social scientist at Karonga Prevention Study in Malawi, where I run the demographic surveillance programme, cause of death study, and social economic survey. Before that I worked with Wadonda Consulting Firm where I participated in a number of research projects, including Marriage Transitions in Malawi which was commissioned by the World Bank together with the University of Pennsylvania, and was aimed at understanding the interacting roles that poverty, gender inequality, partnership patterns (pre-marital and marital), and transactional sexual relationships play in the spread of HIV.

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**TAMALAWAKA
CHIPASULA**

My name is Tamara Chipasula and I am the Science Communication Officer for Malawi-Liverpool-Wellcome Clinical Research programme (MLW). As a Science Communication Officer, I am responsible for interpreting and communicating the science and research findings of MLW and the Malawi College of Medicine (COM) to which we are affiliated, in both print as well as live exhibitions and events to improve engagement with research participants, the general public, the press and government. My goal is to promote a positive image of the research and training activities of MLW and COM, raising the profile of research.

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VALERIE CORFIELD

I am a medical scientist at the University of Stellenbosch, South Africa, where I have worked for 23 years, studying inherited heart disease. My academic career spans four decades, three continents and the three main branches of life: bacteria, plants and animals (human). This background has given me a broad view of biological and biomedical science, which, together with an interest in teaching, and an outgoing personality, has found an outlet in promoting science to a wider audience. My scientific hobby is developing and presenting interactive workshops and designing exhibits which engage the general public, of all ages, in a greater appreciation of science, medicine and technology. I have more than ten years' experience in these activities, which include DNA and its applications in genetics, forensics and the design of GMOs, enzymes, HIV, TB, substance abuse and the biology of the skin.

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DUNCAN DALLAS

Duncan gained a degree in chemistry from Oxford University before joining the BBC in 1964. He then moved to Yorkshire Television (YTV) in 1968, and became the Head of Science and Features. In 1992, he left YTV and started an independent production company, XYTV, which produced science programmes for the BBC, Channel 4 and ZDF in Germany. In 1998, he created the concept of Café Scientifique in a wine bar in Leeds, UK, advertising it as: "a place where, for the price of a cup of coffee or a glass of wine, people can meet to discuss the latest ideas of science and technology which are changing our lives". In 2001, he won an Impact Award from the Wellcome Trust to set up Cafés Scientifiques in cities throughout the UK, and there are currently 50 'Cafés' across the UK, 100 Junior Cafés in schools and over 250 adult Cafés worldwide.

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ARUP JYOTI DAS

Jyoti Das is a Guwahati (Assam, India)-based writer and activist who is also an independent researcher. A recipient of various fellowships, Das has been also involved in many civil society initiatives. A postgraduate in economics from University of Pune, Das has written extensively on film and popular culture in his early career. He is the writer of two books, *Asomiya Chabir Hazarta Samsyar Eta (One of the Thousand Problems of Assamese Films)* and *Kamatapur and the Koch Rajbanshi Imagination*. He scripted Assamese feature film *Soru Bowari* (jointly) and the critically acclaimed telefilm *Ashar Pratyush (Dawn of Hope)*. Das continues to contribute regularly to leading Assamese dailies and journals on social and cultural issues. At present, Das is associated with Panos South Asia as a coordinator and working in the area of media and conflict and communicating research. Das has presented many papers and talks on issues of social justice in seminars.

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SUJAAN DAS



I am a graduate student at the Department of Biological Sciences, Tata Institute of Fundamental Research, Mumbai.
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MICHAEL DEVLIN



Head, Knowledge Sharing and Advocacy, COHRED. Michael's expertise is in science, policy communication and the emerging field of knowledge sharing. Duties include classic communication and knowledge sharing and learning activities, and working with southern research institutes and government agencies responsible for research to help them apply 'strategic communication and information' activities. He comes to COHRED following several years as Chief Knowledge Officer of the CGIAR agricultural research centre International Water Management Institute based in Sri Lanka and working in Asia and Africa. He has worked in corporate public affairs, as a communications consultant, designing information strategies and campaigns, managing large websites and publications in the corporate and scientific sectors. Michael has led projects to synthesise European Union-funded research on innovation networks, materials science, information society energy and environmental policy. He holds a degree in journalism and French literature. Michael is bilingual English/French and speaks conversational Polish and Flemish. He is also a musician who plays electric guitar and bass.

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**MAYADA
ELSABBAGH**

Dr Mayada Elsabbagh is a specialist in infancy and developmental disorders. She is currently a research fellow at the Centre for Brain and Cognitive Development, University of London. She also acts as the scientific coordinator for BASIS, a UK national collaborative network for the study of infants at risk for autism (www.basisnetwork.org). Mayada completed her doctoral training in Canada, the UK and USA. Her scientific research is focused on understanding the brain basis of behavioural genetic disorders through combining technologies for studying brain development with clinical tools. Mayada is also active in public engagement of science and the application of scientific research in evidence-based clinical and educational practice, particularly in early diagnosis and intervention.

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ANACLAUDIA FASSA



I am MD, Fulbright Scholar and Takemi Fellow in International Health at Harvard School of Public Health (1999), PhD in Epidemiology by the Federal University of Pelotas (2000), Visiting Scholar at the Department of Work Environment at the University of Massachusetts Lowell (2006) and Associate Professor of the UFPel (since 1995). I have extensively studied child labour and health being a consultant on this matter to International Labour Organization, World Health Organization and Ministry of Health, Brazil. I also performed studies on rural workers health. I am developing the project 'Engagement of rural teachers in pesticides research: awakening a scientific way of thinking' which aims to facilitate the engagement of rural teachers with research about pesticides and health bringing it to a new level of thinking – the teacher research, and to support the development of methods to communicate its results and to promote best practices when using pesticides.

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WARREN FEEK

Warren Feek is Director of The Communication Initiative, a partnership of 26 development organisations that seeks to support people and organisations using communication strategies to address development issues. The major activities include a network of development communicators (75 000+), knowledge website of programme experiences, strategic thinking and evaluation results (35 000+ pages with 2.9 million individual user sessions over the past 12 months, electronic magazines, for example The Drum Beat, Soul Beat and Son de Tambora) plus a range of other features. The CI commenced in 1998. Previously Warren has worked in lead roles at UNICEF HQ in New York (Health and HIV/AIDS Communication) and The Commonwealth Secretariat (Youth Development). A New Zealander, he presently lives on Vancouver Island in Canada with his partner and their three children.

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DANIEL GLASER

Dr Daniel Glaser is Head of Special Projects in public engagement at the Wellcome Trust. His team directs activities with young people, broadcast media and interactions between scientists and non-scientists. His scientific background involves the use of fMRI (functional magnetic resonance imaging) to examine how experience, prejudice and expectation alter the way we see the world. He studied maths and then English literature at Cambridge before doing a Master's in cognitive science at Sussex University and graduate work in neurobiology at the Weizmann Institute in Israel. In 2002 he was appointed 'Scientist in Residence' at the Institute of Contemporary Arts (ICA) in London. This was the first appointment of its kind at an arts institution. In 2005 he received a Cultural Leadership Award from the National Endowment for Science, Technology and the Arts (NESTA). As well as presenting a television series for the BBC on how science really works, he has made numerous appearances on national and local radio and has featured in articles in daily newspapers. He co-chairs the Café Scientifique at the Photographers' Gallery which is the London branch of a national series providing a new way for scientists to interact with a general public.

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DEBABRATA GOSWAMI

It has been a passion of Dr Goswami to exert light-induced control through laser-matter interaction and explore their applications. His work on the development of acousto-optic modulated femtosecond pulse shaping has made him one of the leaders in pulse shaping technology. During the last five years, he has made significant, original contributions in the field of femtosecond laser applications to selective photodissociation, microscopy and bio-photonics, and in exploring optical approaches to quantum computation. Dr Goswami is a Wellcome Trust Senior Research Fellow as well as the Swarnajayanti Fellow of the Dept of Science and Technology (India). Dr Goswami has also contributed immensely to the spread of science education. He has taught at the UG and PG levels and has also ventured to attract high school students into science through popular TV curriculum-based teaching that explores the connection of science to our everyday life.

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REBECCA GOULD

Rebecca Gould is a theatre director/producer. She specialises in directing new plays, education projects, and working with young people. Currently she is Co-Director of Theatrescience and an Education Associate Practitioner for the Royal Shakespeare Company. Previous roles include: Associate Director at the Theatre Royal, Plymouth; Education Producer and Director of two of the Primary Classics series, National Theatre Education; Director of the English Shakespeare Company's Education Company; and Associate Director of Made in Wales Theatre Company, Cardiff. As a freelancer, she has recently worked for the British Council in London and Kolkata, National Theatre Wales, Apples and Snakes, Chol Theatre and Arts Council England. Her work has a strong international dimension; she has produced and directed productions and festivals in London, Cardiff, Hong Kong, Kolkata, India and Ghana. She co-founded Tinderbox with Jeff Teare in 2002, and she has worked closely with the Wellcome Trust to foster a wider awareness of advances in biomedicine. Throughout 2007 and 2008 Rebecca worked as Project Director for the RSC's Learning and Performance Network. In this role she worked with nine regional clusters of schools, leading teacher training days and working with schools to direct performances for the Regional Schools Celebration at The Courtyard Theatre in Stratford-upon-Avon.

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WENDY GRAHAM

Wendy J Graham is Professor of Obstetric Epidemiology at the University of Aberdeen in Scotland, UK. Her specialist area is maternal health in developing countries and particularly the implementation and evaluation of intervention strategies. Over the last 20 years, she has undertaken collaborative research projects in many developing countries, particularly in sub-Saharan Africa. Two focus areas of Wendy's current work are measuring and improving the quality of obstetric services and care, and strengthening the translation of research evidence into policy and practice. Wendy regularly provides technical support to international and bilateral agencies, such as WHO and UNFPA. In 2008 she was the Special Adviser to the UK Parliamentary Select Committee on Maternal Health and is currently a special adviser seconded to DFID to provide academic and scientific input to help shape future development policies. She has worked closely with the Wellcome Trust since 1998 and is a member of Wellcome's International Engagement Committee.

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PAULA HAMILTON

I have a BA Hons in drama and English from Exeter University and a postgraduate diploma in cultural management from City University, London. For the last two years I have been working with the Royal Shakespeare Company, project managing the Young People's programme in London and the education programme for touring productions, working with 5–19 year olds in schools and colleges as well as informal education. Prior to that I worked with National Theatre Education for five years, developing and managing a huge range of theatre projects including Interact, a large-scale drama and citizenship project, and New Views, an enrichment programme for more able students. Before becoming an arts project manager, I worked as an actor in theatre, film, television and radio and as an actor/director for a number of TiE companies.

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GABRIEL HARP

My research focuses on the application of new media and other cognitive tools to difficult problems including sustainability, public health, policy development, and institutional infrastructures. As a Faculty Artist-in-Residence at the Center for Experimental Media Arts in Bangalore, India, I lead design courses, studios, and workshops on themes in interdisciplinary teaching and learning, the life sciences, simulation games, design for corruption, information and interaction design, film and critical theory, and the design of product-service systems. As a design ecologist at the Center for Study of Science, Technology, and Policy (also in Bangalore), I contribute to policy analysis and research on simulation game development for sectors ranging from energy to climate change and institutional infrastructures. My MFA in art and design is from the University of Michigan. I also have a BA and MA in ecology, evolution, and behaviour from Indiana University, Bloomington.

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LAURA HARPER

Laura joined the Wellcome Trust in February 2008 as a Research Officer within the Medicine, Society and History Division. She is responsible for commissioning and managing social research projects, and project and programme evaluations. She is currently managing an external evaluation of the Trust's Livestock for Life grant scheme. It is intended that learning from this evaluation will inform the Trust's future international activities. Prior to joining the Trust, Laura worked as a Scientific Officer at the Food Standards Agency within the Labelling, Standards and Allergy division. She has a BSc degree in biological sciences from the University of Birmingham.

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CLAIRE HEFFERNAN

Claire is the Director of the Livestock Development Group (LDG), School of Agriculture, Policy and Development, University of Reading, UK. She founded the group in 2000 in response to the need for a new approach to research and development for poverty alleviation. Group disciplines include linguistics, psychology, animal production, law, veterinary medicine, philosophy, anthropology, informatics and computer science. The ethos of the group is to identify the demands of development clients and to address these via the creation of new delivery channels. Dr Heffernan and her team have collated and documented the personal narratives of over 5000 poor people on three continents. Her group has also been involved in a number of engagement projects ranging from the creation of multimedia learning games for children in India and Bolivia on animal health to an exploration of public policy vs media coverage of the HPAI pan-zootic to an exploration of demand-led research in the livestock sector.

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SIMON HEYWOOD

I am a professional storyteller, teacher, and folklorist, based in Sheffield, Britain. I have been working since 1993 in the research, teaching and performance of oral narrative and my work has been widely performed, published, recorded and broadcast. In 2001 I obtained a PhD on storytelling in contemporary Britain and since 1996 I have been teaching storytelling and related topics to creative writing students at the University of Derby. Since 2001 I have been focusing on the performance of contemporary versions of Irish mythological material and I am now developing new performance work drawing on regional English narratives falling out of oral circulation in modern times.

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RAM PRASAD HUMAGAI

My name is Ram Prasad Humagai and I am a journalist working as Associate Editor for *Gorkhapatra National Daily*, a vernacular Nepali daily in print for 12 years. I also work as a part-time correspondent for www.nepalnews.com, an online English-language news portal. My interest is in the fields of health, environment, science, and technology. For eight years, I have written a fortnightly column on health and science in *Gorkhapatra National Daily*. As a vernacular language writer I have experienced many difficulties while dealing with highly scientific issues like health science and technology. Our main challenges are the difficulty of understanding health-related scientific terminologies, and the challenge of communicating them in an easy way to readers. The internet is a good source to get information on these issues.

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AMAR JESANI

I am a medical doctor, involved in social science and policy research in health for last 30 years, and presently working almost exclusively in the field of bioethics. Most of my work is in the NGOs, except for few years when I was faculty at a public health school. I have been a part of many public campaigns for policy changes, for improving public health and medical practices and for protection of human rights. I live in Mumbai (India), where I am associated with the *Indian Journal of Medical Ethics* (www.ijme.in), and the NGO-based institutes, the CEHAT (www.cehat.org) and the CSER (www.cser.in).

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WASUNDHARA JOSHI

I am the Executive Director of SNEHA (Society for Nutrition, Education and Health Action), Mumbai. I trained as a paediatrician in Mumbai, and then worked in the field of Neonatology, in the LTMG Hospital, better known as Sion Hospital. There, my engagement in active research was minimal. I am allergic to numbers, I prefer words. Around the year 2000, I became interested in behaviour change, organisation dynamics and behaviour, and have studied these extensively. I have dabbled a bit in using these in practice as well, specialising in using the technique of appreciative inquiry. I was part of the founding team of the NGO called SNEHA in Mumbai. This organisation combines grassroot practice with community-based research and building innovative models in the fields of maternal and child health, domestic violence and mental health.

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DAN KAYE

Dr Dan K Kaye is an obstetrician–gynaecologist and Senior Lecturer at Makerere University of Health Sciences, Kampala. He holds a PhD in international health (reproductive health) from Karolinska Institutet, Sweden. He is the project coordinator of the Wellcome Trust International Engagement Grant on Engaging the Public on Global Health Research using the Science Communication Approach, whose objective is to train scientists and the media in communicating health research using various formats. At faculty level, he heads the research task force, a steering committee whose objective is to promote research and research training among staff and students at Makerere University of Health Sciences. He is a committee member on the community-based education committee of the Faculty of Medicine at Makerere University and a member of the Makerere University–John Hopkins University Medical Institutions research programme (on improving priority health outcomes in rural Uganda through education, research and community-based training).

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YASEMIN KOC

Yasemin is the British Council's Adviser for Science Innovation and Science Communication. She studied chemistry at the Institute of Technology in Vienna for her MSc and carried out research in nanotechnology at Imperial College, London, for her PhD, followed by working as a business analyst at JP Morgan London. She provides expert advice in the fields of innovation systems, knowledge transfer and science communication; provides inputs to the Council's strategic programme areas, and helps to develop regional projects and initiatives. An important part of her role is to develop and build relationships with external partners and stakeholders in order to deliver these projects. Presently she is developing a portfolio of activities in science communication, including a series of cafés scientifiques linking different countries around the world, hosting seminars and debates on science and society, in collaboration with the Royal Institution and the Royal Society, and at conferences in Europe (ESOF 2010 in Turin).

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DAYAPRASAD KULKARNI

Over five years of experience of working at the community level with vulnerable populations like commercial sex workers, transgenders, migrant labourers, street children, etc. in the field of HIV/AIDS and sexual health. Concentrating on making these populations aware of their rights and the importance of personal health and hygiene. Integrating theatre and science to develop tools to spread awareness and propagate various health- and education-oriented issues in the community. Worked as an actor in the Wellcome-funded TheatreScience 2009 project.

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NANDINI KUMAR

Medical graduation and post graduation in Clinical Pathology from Trivandrum Medical College, India. Master's in Bioethics at Joint Centre for Bioethics, University of Toronto, Canada. Retired Deputy Director General Senior Grade from the Indian Council of Medical Research (ICMR). Now a consultant at the National Institute of Epidemiology, an ICMR Institute at Chennai. As Program Officer at ICMR handled mainly Bioethics and research in Traditional Medicine; in that capacity I convened several workshops, member of several committees and working groups. Closely involved with formulation of guidelines on ethics released by ICMR. Through funding from Genome Canada and National Institute of Health (NIH), USA conducted programs in bioethics. Presently member of advisory committee of India Office of Drug Information Association, USA and grantee of NIH, engaged in activities related to bioethics and drug development areas. Member of Forum for Ethics Review Committees of Asia Pacific and Forum for Ethics Review Committees in India (FERCI).

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JACOB LEVERIDGE

Jacob has a background in ecology and environmental education, public health research and research ethics. He co-founded Living Knowledge Consulting, a small health impact assessment and health research consultancy and also worked for four years as a Coordinator of a UK National Health Service Research Ethics Committee in London, UK. Jacob joined the Wellcome Trust in 2006. His primary responsibility is to foster capacity-strengthening in biomedical ethics research in the UK and developing countries, by facilitating the submission of high quality applications for funding to the Trust's Biomedical Ethics Programme. Jacob also contributes to the strategic development of medical humanities at the Trust.

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**FIONA
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Fiona is Senior Business Analyst, Technology Transfer, at the Wellcome Trust. She has over ten years' research experience in the biotechnology industry, specifically in the field of drug delivery. Prior to joining the Trust in 2005, Fiona worked for Valentis (developing non-viral gene delivery systems), Gendel Limited (researching erythrocytes as drug carriers) and Phaeton Research (focusing on developing customised drug delivery technologies for difficult drug candidates). She graduated from the University of Nottingham with a degree in pharmacy and a PhD in pharmaceuticals. Fiona is running the Wellcome Trust project 'R&D for Affordable Healthcare in India', a five-year, £30 million India-specific funding initiative. Objective: to fund translational research projects that will deliver safe and effective healthcare products for India – and potentially other markets – at affordable costs.

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MDUDUZI MAHLINZA

Mduduzi was born in Mtubatuba, KwaZulu-Natal in 1981. He attended Mfolozi High School, and obtained his BA (Information, Communication and Technology) degree in 2001 from the University of Zululand. In 2002–2003 he attained a Diploma in Public Relations from Public Relations Institute of Southern Africa while working for NURA. In 2004 he joined the Africa Centre as Events Coordinator, and then in 2005 was appointed as PRO. In 2007 he was appointed as the Community Engagement Manager. He develops community engagement strategies that: educate and increase participation in health research; deliver evidence-based health promotion messages; disseminate AC research findings and evaluate the impact of the intervention. He is also actively involved in community development initiatives, particularly those that are youth driven, one of which is a Community Radio station project.

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LUISA MASSARANI

Luisa is a Brazilian science journalist. She is the Latin American coordinator of SciDev.Net (www.scidev.net), a gateway based in London, dedicated to providing reliable and authoritative information about science and technology for the developing world. She is also the Director of Museum of Life (www.museudavida.fiocruz.br), a hands-on science museum in Rio de Janeiro (Brazil). Luisa also writes stories for children, for *Folha de São Paulo*, one of the most important Brazilian newspapers.

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CLARE MATTERSON

Clare is the Director of Medicine, Society and History at the Wellcome Trust. She is a member of the Executive Board and has responsibility for medical humanities, all Wellcome Trust public engagement activities, the Wellcome Library in the History of Medicine and Wellcome Collection, a cutting-edge public venue that explores medicine, life and art. She joined the Trust in 1999 as head of policy and produced the Trust's first strategic plan. Clare's career has spanned working in the private, public and voluntary sectors, both in the UK and USA. She holds a degree in zoology from the University of Oxford and has previously worked at PricewaterhouseCoopers.

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BIBI MBETE

I am a social scientist with a background in sociology and public Health. I have keen interest in research ethics, public engagement in health research and public health. I have six years' experience in public engagement in biomedical research with vulnerable populations including female sex workers, homosexuals and youth in and out of school. Currently I work as a social scientist in a Participatory Action Research to develop a schools engagement strategy to promote science and research in Kilifi District, Kenya.

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REBECCA MCCALL

Rebecca is a science and medical journalist with a Master's in Science Communication from Imperial College. She has written a book about the Schistosomiasis Control Initiative. Part of the book research was conducted with schools and communities in Uganda; it was during her research and writing of the book that Rebecca discovered the importance of health education both as a standalone mechanism to control to disease and as support to treatment programmes. She has also written for the Medical Research Council on medical research in sub-Saharan Africa (The Gambia and Uganda), and compiled interactive CDs on tropical diseases for the Wellcome Trust. She is currently jointly running a programme with the SCI and Theatrescience in Uganda, a drama-based initiative called Acting Against Worms (AAW) which works with schools and communities to help improve understanding and public engagement with health messages related to preventing and controlling bilharzia and intestinal worms.

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DR MEGHA

I'm a grants adviser with a newly formed charity called the Wellcome Trust–DBT India Alliance. This is a joint partnership between the Wellcome Trust and Department of Biotechnology, Government of India to fund fellowships for outstanding researchers in biomedical science wishing to pursue a research career in India. In this role I administer and process grants. Previously, I was a scientist working in the area of infectious diseases. I did my PhD and postdoc in the US and returned in 2008 to India. I have also been volunteering with Asha for Education, a non profit committed to driving socio-economic change in India through education. With Asha, I steward an education project in the slums of New Delhi and, have visited several urban and rural schools in India that impart primary and secondary education.

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SMRITI MEHRA

Smriti Mehra is a video artist who lives and works in Bangalore, India. She completed her MFA in Media Art from NSCAD University at Halifax in Canada with a scholarship from the AAUW Educational Foundation. She is currently an artist-in-residence at the Centre for Experimental Media Art and she also teaches at the Srishti School of Art, Design and Technology where she studied as an undergraduate. Her video works have played at many festivals including 'Voices from the Waters', the third international film festival on water in Bangalore, 'The Images Festival' in Toronto, the 'Made in Video' festival in Denmark, 'Monitor 3' in Toronto, 'Photophobia 8' in Hamilton and 'The Digital Short Film Festival' by the Multivisual Academy' in Chennai.

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SUBHADRA MENON

Subhadra Menon is Head, Health Communication and Advocacy, the Public Health Foundation of India, New Delhi. Subhadra believes that health journalism, communication and advocacy, community consensus and capacity building, policy analysis and research can help India achieve better public health outcomes. An active contributor to India's HIV/AIDS response, Subhadra has led a technical, advocacy capacity building effort supported by Avahan – the India AIDS Initiative of the Bill and Melinda Gates Foundation. Prior to this she was Editor-in-Chief and Project Director at the International AIDS Vaccine Initiative (IAVI) in India. An award-winning journalist and author, she was Principal Correspondent for *India Today* magazine. Her critically acclaimed book on urban India's public health scenario, *No Place to Go: Stories of hope and despair from India's ailing health Sector* (Penguin Books) was shortlisted for the New India Foundation Prize.

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NERGES MISTRY

I am the Director of the Foundation for Medical Research (FMR), Mumbai and the Foundation for Research in Community Health (FRCH) in Mumbai and Pune. A microbiologist-cum-immunologist by training, I have undertaken multiple studies in the immunology and neurology of leprosy in the 1980s and early 90s. In the last decade through the support of the Wellcome Trust, I have established a series of molecular epidemiological techniques for the study of multidrug-resistant TB in Mumbai and rural areas. Currently I am the holder of a DBT Centre for Excellence Grant to investigate the project 'Mechanisms of introduction, selection, maintenance and modulation of drug resistance in *Mycobacterium tuberculosis* through a functional genomics approach'. Since the last year I am undertaking the standardization of *M. leprae* strain typing techniques from biopsies collected from child leprosy cases and community contacts.

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JESSICA MORDSLEY

Jessica is a freelance writer and editor, who also works as an assistant producer and events organiser. She has a PhD in critical and cultural theory from Cardiff University; her doctoral thesis explored the shifting boundaries between humans and other animals, in fields such as evolutionary biology, palaeoanthropology, genetics, and neurology. She lectured in media communication and cultural studies at the University of Gloucestershire, before leaving academia to pursue a writing career and other freelance projects.

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GERRY MSHANA

Gerry Mshana is employed by the Tanzanian National Institute for Medical Research as a social scientist. He has just completed his PhD in medical anthropology at Durham University in the UK, examining stroke discourses and treatment-seeking behaviours in rural and urban Tanzania. He has also conducted research and published on the social-cultural aspects and evaluation of HIV/AIDS interventions. Gerry's interests include facilitating community engagement in health interventions, local illness discourses and their interplay with biomedical discourses, and treatment seeking behaviours of urban and rural communities.

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JULIETTE MUTHEU

My background in biomedical research work has enabled me to appreciate the importance of research in alleviating health problems. Working at the KEMRI–Wellcome Trust research programme has given me valuable experience of international research but importantly also helped me understand the additional complexities and challenges that come with doing research in a resource poor country. I have been struck by the mismatch between how widely known the programme is internationally, compared to its profile among the broader Kenyan public. My previous role as an executive radio producer, where we aimed at engaging young adults with research in Victoria, Australia led me to further pursue the use of the public engagement concept, Café Scientifique, to actively engage Kenyans with scientific research. The Kenyan Science Café is an adaptation of Café Scientifique, UK. This approach has proved popular but if public engagement with science is to be maintained and pushed forward, it is important to explore fresh approaches.

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PAUL NAMPALA

Paul is the Executive Secretary of the Uganda National Academy of Sciences (UNAS), an autonomous body established by Government Charter to offer independent evidence-based scientific advice to government and the public. Previously, he worked at the Uganda national Council for Science and Technology (UNCST) as Deputy Coordinator of the National Biotechnology and Biosafety Framework. He has been engaged in strategic planning, implementation and monitoring of national and international science-into-policy programmes. He has vast experience working with diverse stakeholders in science, technology and innovations to promote a comprehensive, evidence-based and adequately resourced response to development challenges. Paul is a member of several professional organisations including the African Crop Science Society, International Biometrics Society, African Association of Insect Scientists and the International Federation of Science Editors. He has published widely in referred journals.

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MILLY NATTIMBA

Milly is a fellow on the Makerere University School of Public Health/US Centers for Disease Control and Prevention HIV/AIDS Fellowship Program, where she works with a team of scientists and communications experts to close the gap between researchers, policy and the public. Milly has worked in media and communications production for about 17 years, as a news producer and a communications manager. Before joining Makerere University School of Public Health in 2008, Milly worked for government, private and community media organisations, and a regional forestry capacity building partnership program. In these roles, Milly was responsible for news gathering, programme production, editing, concept formulation, communication strategy development and implementation, building partner and media relations, and community mobilisation. Milly holds a Master of Arts degree in communications studies from University of Leeds, UK; a Bachelor of Social Sciences degree from Makerere University and a Diploma in Journalism from Uganda Management Institute, Kampala.

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ADA HELEN NGOH



I am a 22-year-old journalist working with the Cameroon Radio Television (CRTV, State media) in the South-west region of Cameroon. I hold a Bachelor's degree in Journalism and Mass Communication obtained from the University of Buea in 2005. I have been working at Mount Cameroon FM, which is part of more than ten others within the network of the CRTV, for the past three years. Here, I work as a reporter, a presenter and a producer. As a reporter I cover mostly health-related topics and I handle a weekly 30-minute health programme called 'Health Issues'. This programme covers most health topics like HIV and AIDS, malaria, tuberculosis and so much more.

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**OBY
OBYERODHYAMBO**



I have been working in public health communication and education for close to a decade after a series of jobs in academia, journalism, theatre arts and drama performance, writing and directing. I have been using theatre and folk media to engage publics on issues of health and social engagement. I developed and defined and worked on Sigana, a genre of transformational storytelling that was very successful in public engagement, and also in interactive participatory community educational theatre. Currently I work in an HIV/AIDS/STI/RH/FP/MCH/TB programme as the Technical Advisor Prevention dealing with strategic behaviour change communications.

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KOLE ODUTOLA



Kole Ade Odutola is a Nigerian poet, photographer, teacher, environmental and cultural activist, videographer, culture communicator. He worked as a radio show presenter, producer, and photojournalist. He holds two Master's degrees, one in TV/video for development from the University of Reading, UK and another in organisational communication, learning and design from Ithaca College. Kole is the author of *The Poet Fled and The Poet Bled*. He has had papers and poems published in cross-continental journals and anthologies, such as For Ken, For Nigeria, Junge Nigerianische Lyrik, and many other venues. Currently, he teaches Yoruba language and culture at the University of Florida while putting the finishing touches to his doctorate in media studies. One of his passions is to open up African political spaces so that more faces can be seen in places of power contributing to the growth and development of the continent. Kole loves to tell stories in very interactive ways.

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ROSE ORONJE



Rose is Communications Manager at the African Population and Health Research Center based in Nairobi. She has over seven years' experience in communicating research to general audiences, and has developed a special interest in engaging different publics with research. Rose has a Master's degree in Communication Studies and a Bachelor's degree in information science.

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DAVID OSRIN

I am a Wellcome Trust Career Development Fellow working on the health of mothers and newborn babies in Mumbai slums. I trained as a paediatrician with an interest in child health in low-income settings, lived and worked in Nepal for seven years and am now based in India. My academic base is the UCL Centre for International Health and Development at the Institute of Child Health. My primary research interest is in evaluating complex public health interventions for newborn and child survival. Areas of work include community-based strategies to improve home care and care-seeking, interventions to improve the quality of health services, measuring health indicators in underserved populations, and health equity. In Mumbai, I work in collaboration with the public, private and NGO sectors on novel strategies to address vulnerability and inequity. These include the potential of slum alley women's groups to improve the experience of maternity.

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RAJMOHAN PANDA

Dr Panda is a preventive medicine specialist who has trained in public health at Emory University, USA. At present he works in PHFI as a reproductive and child health specialist and leads a number of studies on safe motherhood and child survival in various states in India. He has been a member of various technical consultations in maternal and child health at the State and National Level in India. Most of his work has involved operations/intervention research and helping to build capacities at various levels in state health systems and NGOs. Public engagement through advocacy forms an integral part of his work. He is keen on exploring innovative ways of fostering and building demand for quality health care services by involving communities and civil society groups through public engagement. He is also interested in reviving traditional methods of reaching out to communities for public engagement.

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RAJESH PARISHWAD

Rajesh is focused on developing stronger scientific relations between the UK and Indian Information and Communication Technologies stakeholders: the research community, industry and government. His role includes identifying research areas, facilitating and building research networks and promoting the UK's science interests in India. He is part of the Science and Innovation Network's team in Bangalore. He was previously a technology and business journalist and worked for *The Week* and the *Deccan Herald*, tracking India's technology sector. Rajesh has covered several international science and technology conferences, business trends and innovations, and conducted interviews with eminent scientists and industry leaders. Rajesh, who has completed postgraduation in mass communication and journalism, has also reported on environment, health and political issues in India.

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SIMON PARRY

Simon has just joined the new Centre for Arts Management and Cultural Policy at the University of Manchester where he teaches on the MA programmes in arts management and is helping develop the Centre's other activities. He also teaches in the Department of Drama. He previously worked on a variety of theatre projects around Europe and taught at the University of Klagenfurt in Austria before returning to London to work for the medical research charity, the Wellcome Trust, where he led on a range of arts initiatives to promote young people's engagement with science. He also worked on the development of the Trust's international public engagement programme. His research examines the arts as public engagement, with a particular focus on intercultural and interdisciplinary practices and work in community and educational contexts.

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VIKRAM PATEL

Professor of International Mental Health and Wellcome Senior Clinical Research Fellow at London School of Hygiene and Tropical Medicine. Founded Sangath, a mental health NGO based in Goa which won the MacArthur Foundation's International Prize for Creative and Effective Institutions 2008. Leads a programme of public health research and capacity development with Sangath and others, focusing on child development, adolescent health and mental health. Honorary Professorial appointments: Public Health Foundation of India; Institute of Psychiatry UK; Dalhousie University Canada; University of Melbourne. Serves on advisory committees including WHO Expert Advisory Group for Mental Health and the Guideline Development Group for mhGAP; advisory boards of the Institute of Health Metrics & Evaluation (USA), Centre for Chronic Diseases Control (India), George Institute of International Health (Australia); publications Committee of the World Psychiatric Association. Serves on editorial boards of *PLoS Medicine*, *British Journal of Psychiatry*, *the International Journal of Epidemiology* and *World Psychiatry*. Fellow of the Academy of Medical Sciences UK. Awards include the Rhodes Scholarship, MacArthur Foundation Fellowship for Leadership Development, and, in 2009, the Chalmers Medal from the Royal Society for Tropical Medicine and Hygiene. His book *Where There Is No Psychiatrist* is a widely used manual for community mental health in developing countries. Editor of *Lancet* Series on Global Mental Health 2007, *PLoS Medicine* series on packages of care for mental and neurological disorders in developing countries 2009, and *Lancet* Series on Universal Health Care in India 2010.

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DANIEL PELOW

Dan's background is in microbiology, zoology, and public health. He received his PhD in environmental toxicology at the University of Washington. His doctoral research focused on the impacts of mine waste contamination on public and environmental health and environmental justice. He worked at the American Embassy in Suriname where he served as environmental adviser, studied the impacts of mercury from gold mining on environmental and public health, and studied the contribution of science to the formation of US foreign policy. Currently, he is assistant affiliate professor in the College of the Environment (formerly Forest Resources) at the University of Washington and co-director of Suriname Indigenous Health Fund.

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ELIZABETH PISANI

I'm an epidemiologist with a not very well-hidden past as a journalist, writing for *The Economist*, Reuters news agency and others. My scientific work has focused largely on tracking the HIV epidemic and the behaviours that spread it, on planning HIV prevention programmes and measuring their effectiveness. I've worked for governments in Indonesia, China, the Philippines and elsewhere, and for WHO and other international agencies. My biggest frustration is the yawning gap between the data we collect and the way we use it: a gap that exists in part (though not exclusively) because scientists and policymakers speak different languages. This frustration exploded last year into a book – *The Wisdom of Whores: Bureaucrats, brothels and the business of AIDS* – which tries to explain the distortions of the AIDS industry to a general audience.

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MALINI PRAMANIK

I am a graduate student at the Department of Biological Sciences, Tata Institute of Fundamental Research, Mumbai. My research examines the development of the amygdala, the 'emotion centre' of the brain.

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**ARUNDHATI
JAGDISH RAJA**

AND Arundhati and Jagdish are the founders and directors of Jagriti Company for the Performing Arts, founded in Bengaluru in 1982. They have worked closely with Theatrescience on a number of projects bringing together drama and science. Plays include *The Invisible River* and *Amol's Stories*.
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ARIEL RETIK



Ariel is the Operational Support Officer for the Medicine, Society and History Grants department at the Wellcome Trust, organising marketing, events and communications for the department. Ariel has previously worked as a grants officer on the Trust's Engaging Science awards. Before joining the Trust, Ariel worked as an assistant editor on several journals at Elsevier, including *Drug Discovery Today* and *Trends in Endocrinology and Metabolism*. Ariel has recently completed an MSc in science, technology, medicine and society at Imperial College and University College London.

RUHI SAITH

I have an interdisciplinary background across health and development studies. I completed my undergraduate degree in medicine (MBBS) from the Jawaharlal Nehru Medical College in Belgaum, followed by a doctorate from Wolfson College, Oxford University. I have been involved in policy-relevant research, on multi-dimensional poverty including Sen's capabilities as well as income-based, social exclusion and participatory approaches. My current interest is in the area of social determinants of health and in systematic reviews in public health. I am very keen on the translation and use of evidence from systematic reviews for bringing about changes in policy. I am currently Developing Countries consultant editor for the Cochrane Public Health Review Group.
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MIRRA SAVARA



I have been doing research on communications and social change for several decades. As Head of Research for BBC World Service Trust, I conducted pretesting of scripts which used a narrative story to deliver messages on HIV/AIDS. After this, I was the coordinator of a study to understand the impact of *Galli Galli Sim Sim* (Indian version of *Sesame Street*) through a longitudinal and experimental design. I am interested in writing narratives and also conducting pretesting research on whether narratives actually deliver the messages that they are supposed to. I studied at Reed College, USA and did my PhD from Mumbai University.
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ASHISH SEN

Based in Bengaluru, Ashish is the President in India of AMARC (World Association of Community Radio Broadcasters). A media specialist for over three decades, he is passionate about the community radio movement in India.
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PAUL SIRETT

Paul is a playwright and dramaturg. In 2007 Paul wrote *Bad Blood Blues*, a play about drugs trials, that was given a reading in Bengaluru as part of Theatrescience India: Imagining the Future. Paul has a long association with the Theatre Royal Stratford East in London where productions of his work include the Olivier-nominated Ska musical *The Big Life* (which transferred to the West End in 2005); *Come Dancing*; *Bad Blood Blues*; *A Night in Tunisia*; *Worlds Apart*; *Crusade*; and *Jamaica House*. His work has also been produced at Nottingham Playhouse, Soho Theatre, Polka Theatre, Yellow Earth Theatre, Live Theatre, Newcastle, and The Gilded Balloon, Edinburgh. Paul has won numerous awards including: Best Off-West End Musical, Whatsonstage; Best Play, Pearson; Best Production, City Life; Best Comedy, London Fringe/Time Out. Paul has worked extensively as a dramaturg for the Royal Shakespeare Company and Soho Theatre where he is currently International Associate Artist.

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SISIRA HEMANANDA SIRIBADDANA

I am a physician and endocrinologist and currently on full-time research leave attached to Institute of Research and Development (www.ird.lk), conducting both clinical and biomedical research. I am the leader of a community-based twin research programme in Sri Lanka named Colombo Twin and Singleton Study (COTASS). We have established a community based twin database of 20 000 twins and molecular biology lab for future research. Presently we are engaged in organizing a mega-cultural festival of twins and their families under the theme of 'research for the benefit of humans' encouraging them to participate in research and soliciting their ideas for research agenda.

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HEMALATHA SOMSEKHAR

MD (Moscow) with Honours, Hemalatha started her medical career as a physician in Germany, Sudan and Nigeria. Worked for over ten years in the Department of Microbiology, St John's Medical College, Bangalore involved with diagnostics, teaching and research. Also worked for over six years at the Indian Council of Medical Research on a National Institutes of Health, USA, funded bioethics training programme. She was involved in the organisation, coordination and conduct of over 20 training programs on bioethics for undergraduate/postgraduate students, researchers and Institutional Ethics Committee members throughout the country. Was also faculty on many of these training programmes. Presently, she holds the post of Academic Coordinator at Public Health Foundation of India. She has also worked on Wellcome Trust-funded projects with Theatrescience, UK, and has participated in public engagement with science events which include workshops, plays and readings.

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JONATHAN STADLER

An anthropologist with 15 years of research experience in southern Africa, I currently work with the Witwatersrand University, Reproductive Health and HIV Research Unit, a research, training and treatment NGO. My research is focussed on clinical trials that test new biotechnologies and approaches to HIV prevention. My project is titled 'The Social Life of Clinical Trials' and seeks to understand trial participant and community responses and interpretations of medical research. A key interest is exploring novel approaches to engaging local communities in medical research and science. Most recently I have worked with musicians and trial participants on a Wellcome Trust-funded project to produce a song using a popular musical genre called kwaito. We intend to broadcast the song on community radio stations with the overall aim of stimulating local discourses about medical research and clinical trials. My other research interests include AIDS ethnography, cosmology, popular culture. I have published in anthropological and public health journals.

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BELLA STARLING

After studying for my BSc and PhD in neurosciences at the University of Edinburgh, I pursued a research career in stem cell science at King's College London. During this time, I became active in science communication and gained a distinction in the Diploma for Science Communication at the University of London. This led to a stint as a science writer before I joined the Wellcome Trust in 2002. There, I was the Programme Manager for the Biomedical Ethics programme, then the Grants Manager for Public Engagement, overseeing and directing the Wellcome Trust's portfolio of public engagement funding. My last role at the Wellcome Trust, as Head of International Activities, Medical Humanities and Public Engagement, was to set up an international programme of public engagement – the first of its kind – funding and carrying out activities in public engagement with science in low- to middle-income countries. Now, as Director of Public Programmes at Nowgen – a Centre for Genetics in Healthcare – I lead and direct Nowgen's work in public engagement, education and professional training.

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NINA SWANN

I am the Education Associate for The Opera Group. I am responsible for devising and managing events around the company's productions to enhance engagement and to encourage participation with the artform. Currently I am working on a schools programme with the Institute of Psychiatry for our production of *The Lion's Face*, an opera dealing with ageing and dementia, and developing relationships with climate change organisations for a production still in progress based on Milton's *Paradise Lost*. Previous to my position at the Opera Group I worked at the London Symphony Orchestra for four years, managing the community engagement strand of their outreach programme, LSO Discovery.

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KANCHANA TANGCHONLATIP

My educational background is sociology. Currently, I work at the Institute for Population and Social Research, Mahidol University in Thailand as an Assistant Professor. My field of interest is health-related behaviour focusing on some specific population like migrant, immigrant and elderly. I am now conducting the study of migration and elderly mental health in Thai rural context. It is a collaborative research between Institute for Population and Social Research and King's College, UK. I am also interested in quality-of-life issues.

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JEFF TEARE

Jeff has over 35 years of major theatre credits to his name, ranging from Associate Directorships with the Young Vic and the Theatre Royal Stratford East in London through to a wide variety of productions from Penzance to Newcastle. He's been involved with over 150 school science/drama projects and many workshops, readings and professional productions with the specialist consultancy Tinderbox (which he co-founded with Rebecca Gould in 2002) and Theatrescience. He's widely acknowledged as a pioneer in using education and theatre to challenge and dismantle the arts–science divide.

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MUKUND THATTAI

Mukund is a physicist who gained his PhD from Massachusetts Institute of Technology. He now researches cell networks at the National Centre for Biological Sciences in Bengaluru. He is an Associate of the Indian Academy of Sciences, and has won awards including Max Planck–India Graduate Fellow, Kavli Institute for Theoretical Physics, University of California Santa Barbara, and Degree Marshall, College of Arts and Sciences, Cornell University. Mukund has previously been involved in several Theatrescience projects as a scientific adviser.

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SHUBHA TOLE

Prof. Shubha Tole obtained her BSc in life sciences and biochemistry from St Xavier's College, Mumbai (1987), and her MSc and PhD from Caltech, USA. She worked at the University of Chicago as a postdoctoral fellow, and then joined the Tata Institute in Mumbai, India, as a faculty member in 1999. Tole has been awarded the Research Award for Innovation in Neurosciences (RAIN) by the Society for Neuroscience in 2008, the National Woman Bioscientist award by the Department of Biotechnology, Govt of India (2008), the Swarnajayanti Fellowship (a prestigious young scientist award) by the Department of Science in Technology, Govt of India (2005), and the Wellcome Trust Senior International Fellowship (1999). She has several publications in leading international journals. Tole actively engages in public outreach via workshops in schools and colleges, and has chaired as well as presented Cafés Scientifiques organised by the British Council.

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THUY CHAU TRAN

I graduated with a BSc from the University of Natural Sciences in Ho Chi Minh City, Vietnam, in 2003 and with my Master's degree in biochemistry major in 2005. In the same year I started my PhD with the Oxford University Clinical Research Unit – Vietnam. I am currently in the final year of my PhD on molecular microbiology; my thesis is about the antimicrobial resistance of typhoid fever in Vietnam. I have been appointed as the Liaison Officer of the Wellcome Trust Overseas Programme – Vietnam with a major role in leading the public engagement department. As a Liaison Officer I aim to develop our training programme to the Vietnamese students and hope that we would expand the programme regionally in the next few years. We also would like to engage the Vietnamese public with the clinical research going on in the OUCRU to not only heighten the public's awareness of healthcare but also to promote science as a potential future career.

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MARIO TRISTAN

Mario is the general Director and CEO of the International Health Central America Institute Foundation (IHCAI), based in San Jose Costa Rica. He completed his undergraduate and graduate studies at the University of Costa Rica, and studied at Cornell University and the University Of London. In 1991 he was appointed as associate Professor at the Medical School, University of Costa Rica. He was in the founder group of the National Family Medicine residency programme. In 1999 he was appointed as off-campus Professor at Harvard Medical School, Boston, where he imparts the Nutrition and Rural Medicine in Latin America course. In 2002, he founded the Central America Cochrane Branch. In October 2007 he was appointed as the Global Co-Coordinator for CDCN (Cochrane Development Countries Network). He is currently developing a web-based audiovisual bulletin to promote evidenced-informed public health policies in Latin America.

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SIMON TURLEY

I am a writer and a teacher. I have been working as a lead writer with Theatrescience for five years. Theatre projects have included production work such as *Seeing Without Light* (2005) and *Something Somatic* (2007). I am currently working with the group towards our partnership with the Eden Project, 'Not My Fault'. As a writer, I have been inspired by the collaborations with research scientists and clinicians which have enriched my work. As a teacher, I have taken the opportunity to use drama structures as a way to promote young people's engagement with biomedical issues. This is important and exciting work.

ENRIQUETA VALDEZ-CURIEL

Enriqueta always valued education. Her first formal work was at the age of 17 as a teacher for adult literacy. Here, she learned to teach literacy using images and raising social conscience through Freire methodology. She was born in Mexico where she studied medicine at the University of Guadalajara and graduated in 1989. She studied economics at the University of California (USA) under the programme of Community Development with emphasis on rural women's health, did a postdoctorate on international policy of reproductive health, and while living in California, Enriqueta started working on radio-dramas for a local community radio. Since then, she has devoted part of her academic and consultant work to produce, write and support the use of education-entertainment for social change. She works for the School of Medicine at the University of Guadalajara and for Population Communication International: Media Impact, in New York, through Latin-American.

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RAJEEV VARMA

Rajeev Varma is Director (India) and Associate Director (International) of MAKE ART/STOP AIDS, an initiative of the Art|Global Health Center at UCLA. An international network of scholars, artists, and activists committed to ending the global AIDS epidemic, MAKE ART/STOP AIDS seeks to capitalise on the vast potential of the arts by: (i) advancing an awareness and appreciation for the power of art to address crisis, and (ii) establishing artists as key partners in global AIDS interventions. Rajeev, a postgraduate in social work from Delhi University, has extensive experience in the development field cutting across sectors (water, education, reproductive health, gender and HIV/AIDS) in a range of organisations.

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ANA VASQUEZ

Ana is a science communicator with a degree in biology and an MSc in science communication from the University of the West of England in the UK. She has worked in the science communication field for five years, both in the UK and in Uruguay where she currently lives. She is a founding member of Simurg, a civil association for the social appropriation of science, where she creates and develops participative and multidisciplinary projects about the social impacts of science, and how ordinary citizens can influence the way knowledge is constructed and used.

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LINDY WAFULA

Founder/Director of Project Africa, a non-profit organisation that works to promote gender equality, equity and empowerment of women in rural Africa. She is also the Director of RESOURCE Africa, a consulting firm that specialises in building intercultural relations and cooperation between communities in the West and those in Africa. Lindy has pioneered many development projects and programmes in different parts of Africa. She has a background in international relations, communication for development, and media and communication, especially in TV and radio production. She has also trained in public relations and intercultural communications. Her background in event production has seen Lindy organise exhibitions, work camps and other cultural activities to promote social change, empowerment and development for women and for communities.

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**DOUGLAS
WASSENAAR**



I am a clinical psychologist with primary current interests in ethical issues related to health research. I direct a research ethics training programme known as SARETI, funded by the US NIH/Fogarty Center, and related programmes for the UNAIDS African AIDS Vaccines Programme. I chair two research ethics committees in South Africa: one for biomedical research and one for social science research.

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JUSTA WAWIRA



Justa is currently the Head of External Relations for the KEMRI–Wellcome Trust Programme in Kenya. She is studying for an Msc degree in public relations, specialising in science communications with the University of Stirling, UK. She holds a Bachelor of Education degree in English language majors and a postgraduate Diploma in Public Relations and Human Resources Management (UK). She has substantial experience in the corporate, NGO and government sectors as an external relations professional, fundraiser and evaluator. She has worked with Christian Children's Fund as a monitoring and evaluation officer, with Del Monte Kenya Ltd and Castle Brewing Kenya Ltd as a Public Relations Manager, with Healthplan Services East Africa as a Group Operations Manager, with FIDA Kenya as a Strategic Team Leader in charge of Fundraising and Public Relations and with Practical Action, UK, as Head of Programmes Development and Fundraising for the Eastern Africa region, among others.

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AMEL YIMER



Amel studied Journalism at Addis Ababa University in Ethiopia in 1999 but moved to India in 2000 after the AAU campus was sealed for one year following political disturbances. She graduated in 2004 with a degree in sociology and returned to Ethiopia to work in the field of reproductive health, family planning and HIV and AIDS. Her work there brought her in continuous contact with print, radio and television media in Ethiopia, including training and media advocacy sessions. In 2007 she decided to focus on and specialise in radio and joined the National AIDS Resource Center where she is now Program Coordinator for a radio programme called 'Betengna Diaries', which tells the stories of people living with HIV. She has trained several radio producers in Ethiopia and Côte d'Ivoire who specialise in HIV and AIDS and other health programmes. Amel also freelances as an arts and culture journalist throughout Africa.

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Emergency services

Police

100

Ambulance

102

Fire

101

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Fri 09.30–12.30

Local Information

Sources: www.fco.gov.uk, www.karnataka.com



India Facts

Area:	3 287 623m sq km (1 269 219 sq miles)
Population:	1 136 000,000 (Sept 2007 est., 2nd in the world)
Capital City:	New Delhi
Currency:	Rupee
Government:	United Progressive Alliance, a Congress-led coalition
Head of State:	President Pratibha Patil
Prime Minister:	Prime Minister Manmohan Singh
Foreign Minister:	S M Krishna

The official language of India is Hindi, written in the Devanagari script and spoken by about 30% of the population as a first language. Since 1965, English has been recognised as an 'associated language'. In addition there are 18 further official state languages.

India is a secular state and freedom of religion is protected under the Constitution. The main religious groups are Hindus (81.3%), Muslims (12%), Christians (2.3%), and Sikhs (1.9%).

The 28 states of India are: Andhra Pradesh, Arunachal Pradesh, Assam, Bihar, Chhattisgarh, Goa, Gujarat, Haryana, Himachal Pradesh, Jammu and Kashmir, Jharkhand, Karnataka, Kerala, Madhya Pradesh, Manipur, Maharashtra, Meghalaya, Mizoram, Nagaland, Orissa, Punjab, Rajasthan, Sikkim, Tamil Nadu, Tripura, Uttar Pradesh, Uttarakhand, and West Bengal.

Bengaluru (Bangalore) is the capital of Karnataka. It is the third biggest city in India by population, and is known as the 'Silicone Valley of India' because of its thriving IT and biotechnology industries.

According to some state historians, the name Bengaluru originally derives from Bendakalooru, meaning the 'town of boiled beans'. The story is that, during the 14th century CE, a king wandered into the area having got lost on a hunting trip. He was given a dish of boiled beans and enjoyed this so much that he named the town after it. Of course, this may just be another story...

Masta: Business Travellers Fact Sheet

Staying healthy overseas is too important to be left to chance so do not delegate the responsibility for your health abroad to anyone else. Good pretravel planning and preparation is therefore essential for your own health and safety.

Pre travel arrangements:

- Ensure that you are familiar with your employer's overseas support provision. This may include medical insurance arrangements, and safety and security policies.
- Try to make an appointment at your local travel clinic as soon as you know about your trip, and seek advice about any vaccinations/malaria tablets you might need. If your job involves regular short notice overseas travel, you can avoid last minute problems by ensuring that you are up to date with 'core' vaccines, as a strategy of continuous protection offers advantages over the conventional 'trip-by-trip'.
- Go abroad fit – if you have any pre-existing health problems discuss your plans with your company medical advisers.
- Consider taking a basic first aid pack and sterile medical equipment (needles and syringes etc.) with you.
- Stomach upsets/diarrhoea are very common. Consider taking a diarrhoea treatment kit.

At the destination:

- Be patient with cultural differences and limit your expectations (tasks often take much longer to complete in developing countries).
- Tiredness and jet lag may affect business efficiency. Be as well rested as possible. Take short naps, eat light meals, limit alcohol and caffeine consumption.
- Accidents and injuries are common; check vehicles are properly maintained and wear seatbelts.
- Wear sensible clothing to protect the skin from insect bites and use appropriate insect repellents. If you are staying in good accommodation, it may well provide adequate mosquito protection. If not, consider taking a good mosquito net.
- Take care with food and water hygiene.
- Protect your skin from the sun's harmful rays with hats, clothing and sunscreens.
- Remember that casual sex and failure to use a condom with new partners, particularly with commercial sex workers, puts you at risk of sexually transmitted infections.
- Adjustment to a new environment, cultural differences, changes in living standards and social amenities can all have an impact. Separation from family and friends, concerns about workload, and limited communication with colleagues and head office can also cause be stressful. Many of these difficulties can be overcome with experience and support from colleagues, managers, family and friends. Your human resources or OH department should be made aware of these difficulties and can often offer advice.

On return home:

- Be aware that some people can find it difficult to return back to their normal routine.
- If, on your return, you experience unusual symptoms, or you know you could be at risk, see your doctor as soon as possible to discuss your risk and arrange appropriate examination, investigations, and, if necessary, treatment.
- Finally always think malaria – if you have a raised temperature, feel unwell, have headaches, and have recently been to a malarial area seek medical attention as soon as possible.

Date reviewed: August 2008. This information is produced by MASTA as a general guide to be used in conjunction with advice from your doctor or nurse. To obtain a health brief tailored to your journey visit a MASTA associated travel clinic or www.masta.com

Notes

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